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## Udo Baer • Gabriele Frick Baer

# The Big Book of Emotions



### From the contents:

Desire \* Blame \* Fear \* Security \* Frustration and Anger \* Loneliness \* Dignity \* Stubbornness \* Grief \* Belonging and alienation \* Empathy \* Loyalty and betrayal \* Joy and happiness \* Curiosity \* Interest and passion \* How can we love?

### ► The number-one guidebook to our emotions

### ► Inspiring ideas for the pursuit of self-knowledge

In today's world, it is hard to make time or find room to experience our emotions—and yet they determine every aspect of our actions. These two renowned experts in the field of emotional knowledge give you the courage to explore your inner feelings, and make it fun and interesting. Emotions can be wonderful, they can be dangerous, they might be suppressed—but if you accept them for what they are, you gain valuable insight into your own personality, your history, and your development.

Both experts present the range of important emotions that we experience, explain why we have them, what purpose they serve, and how we can live a life in which we consciously experience them. The authors provide tips and advice, and encourage the reader to actively pursue self-knowledge and to find inspiration in passages collected from literature and philosophy.

*Udo Baer*, PhD, educator, body psychotherapist, founding member and managing director, therapie kreativ, chairman Foundation for Human Dignity.

*Gabriele Frick-Baer*, PhD, educator, body and trauma psychotherapist, practitioner of alternate medicine (psychotherapy), and founding member and director of therapy, therapie kreativ.

Over the years the authors have written the »Library of Emotions« which comprises twelve volumes to date.

### Selection from the series »Library of Emotions«



978-3-407-85870-2

978-3-407-85903-7

978-3-407-85869-6

**Rights sold:** Serbian

Udo Baer / Gabriele Frick-Baer

### The Big Book of Emotions

approx. 360 pages, hardback

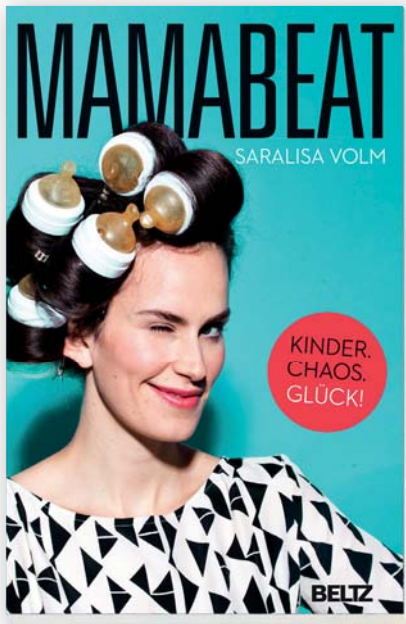
ISBN 978-3-407-85846-7

Publication date: 10/2014

### Target group

General readership

Saralisa Volm  
**Mamabeat**



- ▶ The new mother beat
- ▶ Encouragement for young mothers

Freedom, staying loose, having fun—your life is not over just because you have a child. In fact, that's when life really gets going. Saralisa Volm, star of the Berlin independent movie scene, speaks for a new generation of parents with this book.

No more perfect parenting, no more pressure to have the perfect family. Have more fun, style, more individualism. Keep your life glamorous! The actor's stories about her life as a young mother are authentic, disrespectful, and fresh. She does away with clichés and misconceptions about being a parent. Her book encourages readers to shed their fears and to live life to the fullest with children. Her writing is full of life, always positive, and sometimes wild.

**Saralisa Volm**, actress and mother. She studied philosophy and art history, and had her children at 24 and 27 years of age. She is planning to have her third child when she turns 30, an age when most people are just thinking of starting a family.

Saralisa Volm  
**Mamabeat**

approx. 240 pages, paperback  
 ISBN 978-3-407-85841-2  
 Publication date: 08/2014

**Target group**  
 Young mothers, parents

Julia Dibbern  
**Pamper your Baby to your Heart's Content**



- ▶ Pampering your child is good for the baby and for you
- ▶ The latest findings in evolutionary biology

Young parents want nothing more than to feel close to and be gentle with their baby. Many, however, feel unsure of themselves because fear of spoiling children is widespread. How can we best address the needs of our child?

Julia Dibbern shows that recent findings in epigenetics and evolutionary biology prove that parents cannot give a baby too much pampering and attention. Parents are presented with compact summaries of aspects of early childhood development to help them to find their personal approach to care and tenderness for their baby. Dibbern's nine stepping stones to pampering your baby are parent-tested, scientifically proven, and individually variable.

**Julia Dibbern**, one of Germany's most innovative experts on raising children. She teaches courses on Parent-Child-Bonding and Natural Parenting in Germany and abroad.

Julia Dibbern  
**Pamper your Baby to your Heart's Content**

9 Stepping Stones to Pampering Your Baby and Providing a Good Start in Life  
 approx. 240 pages, paperback  
 ISBN 978-3-407-85997-6  
 Publication date: 10/2014

**Target group**  
 Parents

Nora Imlau

## Friendship

What Friendship Means to Children and  
How Parents Can Help



- How friends can boost childhood development
- Plenty of tips and advice for parents and educators

Children broaden their horizons in friendships with others. When they play with their peers, they learn how to be considerate of others and to set boundaries and guidelines for friendship. Every friendship is unique; some children even have invisible friends. In the world of a child's imagination and play, friendship means something different than it does to an adult.

Nora Imlau establishes the enormous potential in childhood friendships and shows which values and rituals play a role in these relationships. She demonstrates how friends can influence our personalities and provides tips and advice for parents about how to help their children build friendships.

**Nora Imlau**, regular contributor to the magazine »Eltern« (Parenting) and has published two successful parenting guides. She lives in Leipzig with her husband and her two daughters. [www.nora-implau.de](http://www.nora-implau.de)

Nicola Schmidt

## Bravery

How Children Grow to Meet Challenges



- Courageous parents – brave children
- Latest findings from developmental psychology

Brave children need parents who give them opportunities for freedom. Children develop bravery when they are allowed to play with other children without an adult's immediate presence. Being brave means acting outside of the rules and security set by adults. Being able to say no and to stay away from danger also require real bravery from children.

Nicola Schmidt leads us through this emotional landscape and shows us how children can grow to become increasingly brave. She explains how children develop psychologically and describes children's tests of bravery all over the world, from Africa to Alaska. Children talk about the most exciting experiences they have had. Schmidt shows parents how to promote bravery in their children by allowing autonomy within the bounds of safety.

**Nicola Schmidt**, journalist who writes science-based articles for newspapers. She has worked with educators to organize wilderness camps and workshops for children and parents within the Artgerecht-Projekt (Our Natural Environment Project) since 2010.

Nora Imlau

### Friendship

What Friendship Means to Children and How Parents Can Help  
approx. 128 pages, paperback  
ISBN 978-3-407-72716-9  
Publication date: 10/2014

#### Target group

Parents, educators, and all those involved with children

Nicola Schmidt

### Bravery

How Children Grow to Meet Challenges  
approx. 100 pages, paperback  
ISBN 978-3-407-72715-2  
Publication date: 10/2014

#### Target group

Parents, educators, and all those involved with children



Herbert Renz-Polster

## The Sanctity of Childhood

Why Parents Should Reassert the Right to Raise Their Children



- Take charge of your child's development
- Parenting between love and power struggles

An increasing submission of government and society to market interests puts more and more pressure on children. Many parents feel that what the economy and educational institutions tell them has very little to do with the real needs of their children.

Herbert Renz-Polster makes an impassioned plea to all parents to become involved and to re-examine their own views and actions before market interests completely determine how children are raised and how families live together. The renowned pediatrician demonstrates how parents can have more influence on their children's development by making a conscious decision to be competent and responsible parents, to positively affect their child's personal development, and to strengthen their parent-child relationships.

**Herbert Renz-Polster**, pediatrician and lecturer at the Institute for Public Health, University of Heidelberg. His field of research is child development.

Herbert Renz-Polster

### The Sanctity of Childhood

Why Parents Should Reassert the Right to Raise Their Children  
approx. 180 pages, hardback  
ISBN 978-3-407-85847-4  
Publication date: 10/2014

#### Target group

Parents, educators, teachers, and all those involved with children

Marco Wehr

## Little Children are Great Teachers

The Wisdom of the Early Years



- The elementary power of enthusiasm
- Why children live life to the fullest

It is a remarkable truth that virtuoso talents and accomplished masters learn in the same way that little children learn. Marco Wehr, researcher and internationally renowned dancer, shows parents and teachers how to make the most of every day with young children and the wonderful fount of knowledge they possess.

Little children approach the world with wonder, persistence and tireless effort. They aren't deterred by failure. They are courageous. They set themselves goals beyond their own reach. Their ability to learn new things seems to unfurl effortlessly before our eyes. When we observe young children we can see what is truly important for successful learning.

**Marco Wehr**, PhD, physicist, philosopher and internationally renowned dancer. His books have won critical acclaim and are ranked among the best science books of the year.

Marco Wehr

### Little Children are Great Teachers

The Wisdom of the Early Years  
approx. 120 pages, paperback  
ISBN 978-3-407-85990-7  
Publication date: 10/2014

#### Target group

Parents, educators, teachers, and all those involved with children

Helena Horn

# How Mondrian Can Change Your Life

## Downshifting: The New Simple



- ▶ **Downshifting: slowing down and consuming less**
- ▶ **Achieve a higher quality of life**
- ▶ **Art as a path to minimalism in life**

**Downshifting means shifting to a lower gear in all areas of your life: your career, your consumerism, your stressful leisure time. Mondrian's paintings show us how: reduction leads to clarity, peace, and a joyful appreciation of what is really important. Less is more.**

If you can free yourself from what you don't really need, status symbols, and the wrong goals in life, you can find your own personal path to living life to the fullest. In the face of a shrinking national economy, this is the way of the future. Helena Horn shows us how we can look at art for inspiration and achieve more clarity, autonomy and individualism in our lives.

### From the contents:

Nefertiti and our lifetime • Monet and desire  
 • Mondrian and what is essential • Chaplin and putting food on the table • Bauhaus and the beauty of practicality • Fellini and an inner emptiness • Warhol and consumerism • Jeff Koons and yearning for possessions • Vivienne Westwood and information overload.

*Helena Horn*, PhD, art historian. As an art curator she has given much consideration to the value of objects. She looks back on twenty years of working for museums, artists, and galleries in places like Berlin, Venice, and Rio de Janeiro. Today she writes and publishes about art and design, acts as a consultant in the field of art and culture.

Helena Horn

### How Mondrian Can Change Your Life

Downshifting: The New Simple  
 approx. 220 pages, paperback  
 ISBN 978-3-407-85994-5  
 Publication date: 07/2014

### Target group

General readership

Josef Giger-Bütler

## »We'll get through this«

How to Live With Someone Suffering from Depression



People with depression suffer greatly, and so do those who are close to them. Josef Giger-Bütler is a renowned Swiss psychotherapist. In his latest book, he describes a step-by-step process by which friends and family can help a loved one out of the depressive cycle of feeling overwhelmed by life's demands and giving up on trying to meet them.

It becomes more and more painful to watch a loved one suffer from depression and see them isolate themselves increasingly behind self-imposed barriers. This is a book for the partners, friends, and family of someone suffering from depression. It teaches how to get through this difficult time without coming to harm yourself, and to maintain a relationship based on dignity and fairness. It reminds you to remember your own needs throughout.

*Josef Giger-Bütler*, PhD, psychotherapist in private practice in Lucerne. He has specialized in therapy and cures for depression for many years.

- Overcoming depression together: a book for partners, family and friends
- A step-by-step guide to defeating depression together
- Giger-Bütler's books have sold over 100,000 copies

Josef Giger-Bütler

### »We'll get through this«

How to Live With Someone Suffering from Depression  
approx. 240 pages, hardback  
ISBN 978-3-407-85992-1  
Publication date: 07/2014

#### Target group

Friends, family and partners of people who suffer from depression, caregivers

#### The roots of depression



978-3-407-22189-6

**Rights sold:** Danish  
(rights reverted)

#### Instructions for self-help



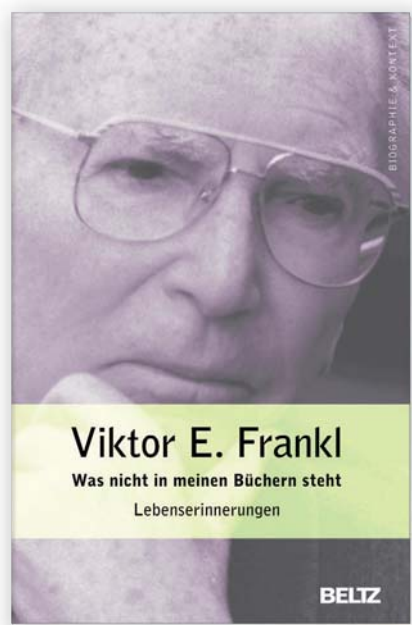
978-3-407-85889-4

**Rights sold:** Danish



Viktor E. Frankl

## Recollections: An Autobiography



»Nothing in this world is of more lasting help to a person trying to survive and stay healthy than the knowledge that they have a purpose in life.«

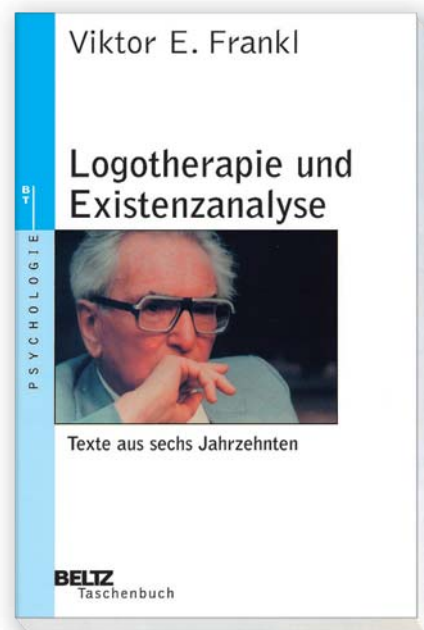
This was the credo of world-famous psychiatrist Viktor E. Frankl, founder of the Third Viennese School of Psychotherapy, Logotherapy.

This is the first published collection of recollections and reflections by Viktor E. Frankl. He gives an account of his childhood and youth in Vienna and his life as a young doctor treating patients with nervous disorders between the two world wars. Frankl describes his debates with Sigmund Freud and Alfred Adler and their impact on Logotherapy. In 1945, he was one of the few to survive internment in the concentration camp at Auschwitz, after which he returned to Vienna. This autobiographical sketch of his life contains numerous previously unpublished examinations of the origins of psychoanalysis and its various specializations. Moreover, Frankl's writings are a moving eyewitness account of European social and political history, and the history of European thought.

Viktor E. Frankl

## Logotherapy and Existential Analysis

Texts from Six Decades



This cross-section of half a century's work of research shows how Viktor E. Frankl forged links between psychiatry, philosophy, and psychology. The book contains a summary of the life and life's work of Viktor E. Frankl, the founder of Third Viennese School of Psychotherapy, Logotherapy. The 13 articles and lectures were personally selected by the author and cover a timespan of six decades.

### From the contents

On the Question of Spirituality and Psychotherapy • Psychiatric Autonomy • Philosophy and Psychotherapy • On Psychotherapy and Medical Supplements for the Treatment of Neuroses • An Outline of Existential Analysis and Psychotherapy • The Psychology and Psychiatry of the Concentration Camp • Rudolf Allers as Philosopher and Psychiatrist • Should medicine become more psychological or more humanistic? • Individual Psychology Meets Logotherapy • Hunger for Bread • Hunger for Meaning • People Searching for Ultimate Meaning • Remarks on the Pathology of the Zeitgeist

Viktor E. Frankl

### Recollections: An Autobiography

114 pages, paperback  
ISBN 978-3-407-22757-7  
Publication date: 1995

#### Rights sold:

Bulgarian (rights reverted), Chinese Complex, Czech, English, French, Italian, Japanese, Korean, Lithuanian, Portuguese (Brazil), Spanish

Viktor E. Frankl

### Logotherapy and Existential Analysis

Texts from Six Decades  
320 pages, paperback  
ISBN 978-3-407-22129-2  
Publication date: 1998

#### Rights sold:

Italian, Portuguese (world)

# Johannes Lindenmeyer • Thomas Lindenmeyer

## Even Drinking Needs to be Learnt

### How to Help Your Child Find the Right Way to Deal with Alcohol



- Real-life, tried and tested tips for parents
- With an alcohol-check for teenagers and parents

With this guidebook, parents get help in teaching their sons and daughters a low-risk way to handle the legal drug alcohol. In concrete terms, it provides:

- background knowledge about alcohol
- advice on how parents could talk to their children about alcohol and drinking behavior
- tips on how they could react to their children's excessive alcohol consumption.

Johannes und Thomas Lindenmeyer encourage parents to address this important issue actively. With a lot of sample conversations, an "alco-check" and concrete information, they help parents to bring up this difficult issue within the family. And the reason is: even drinking can be learnt!

#### From the contents:

Young people's drinking behavior • The specific danger of alcohol for young people • The problem of an abnormal drinking culture • The use of alcohol as a developmental task • How do you learn to ride a bike? • How to speak to my child about it: communication strategies • Consuming alcohol with less risk: the »Big Three« • Learning by observing • How I deal with alcohol myself • Learning by trying • Learning from negative experiences • Frequently asked questions

**Johannes Lindenmeyer**, professor, qualified psychologist, director of the Salus Clinic in Lindow, a specialist clinic for psychosomatics and addiction.

**Thomas Lindenmeyer**, MA, former headmaster, now a communications consultant and systemic coach.

Johannes Lindenmeyer / Thomas Lindenmeyer  
**Even Drinking Needs to be Learnt**

How to Help Your Child Find the Right Way to Deal with Alcohol  
150 pages, paperback  
ISBN 978-3-621-28191-1  
Publication date: 08/2014

**Target group**  
Parents, teachers

#### Development and treatment of alcohol and drug addiction



Bestseller  
more than  
45.000  
copies sold

978-3-621-27695-5

**Rights sold:** Polish  
(rights reverted)

#### Recognizing and overcoming alcohol problems



3rd edition

978-3-407-85930-3

**Rights sold:** Polish

# Angela Luppen • Harlich H. Stavemann And Suddenly Off the Rails ...

## Life After a Stroke, Traumatic Brain Injury and Other Neurological Disorders



The book deals directly with the problems patients with “acquired” organic brain diseases have. It helps them to understand their illness, to accept it and make the most of their current situation. All the suggestions and exercises are based on Cognitive Behavioral Therapy (CBT).

The book is aimed at sufferers who have to deal with the consequences of these disorders:

- stroke
- traumatic brain injury
- brain tumors
- multiple sclerosis
- inflammation of the brain

**Harlich H. Stavemann**, PhD, lecturing therapist/supervisor for cognitive behavioral therapy, director of the Institute for Integrative Behavioral Therapy (IVT) in Hamburg.

**Angela Luppen**, graduate psychologist, psychotherapist in private practice in Bad Oeynhausen.

- ▶ First self-help book with a CBT background for neuropsychological patients
- ▶ Suitable both for patients and their families

Angela Luppen • Harlich H. Stavemann

### And Suddenly Off the Rails ...

Life After a Stroke, Traumatic Brain Injury and Other Neurological Disorders

210 pages, hardcover

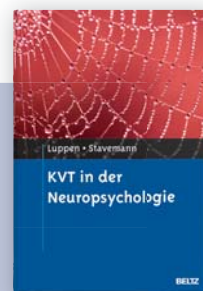
ISBN 978-3-621-28153-9

Publication date: 08/2014

#### Target group

Sufferers of neurological disorders (e.g. stroke, traumatic brain injury) who are in neuropsychological treatment or as an accompaniment to self-help and their families

#### CBT in Neuropsychology



978-3-621-28087-7

**Rights sold:** Polish  
(rights reverted)

#### Introduction to CBT with Children and Adolescents



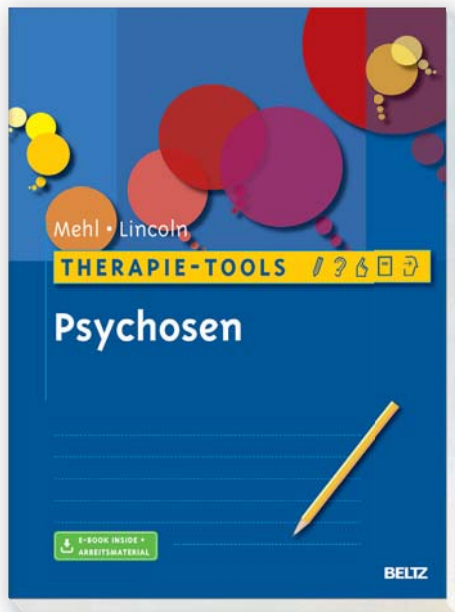
978-3-621-27693-1

**Rights sold:** Polish



Stephanie Mehl • Tania Lincoln

## Therapy Tools Psychoses



- ▶ Toolbox for treating psychoses
- ▶ The first collection of materials on the subject
- ▶ Includes different techniques from CBT, ACT and mindfulness-based methods

The term »psychosis« is used to describe schizophrenia, schizotypal and delusional disorders. The most common, and also most noticeable symptoms of these, are delusions and hallucinations. Worldwide, about one percent of the population suffers from psychoses.

Stephanie Mehl and Tania Lincoln provide the treating therapist with several tools for direct use in therapy, including checklists, interviews and therapy protocol templates. In addition to a successful psychoeducation, the topics, in particular, include thorough treatment planning and interventions to modify delusions and hallucinations.

**Stephanie Mehl**, PhD, graduate psychologist, senior psychologist (neuropsychology), psychotherapist, clinical neuropsychologist (GNP), University of Marburg.

**Tania Lincoln**, professor, graduate psychologist, professor of clinical psychology and psychotherapy, Faculty of Psychology at the University of Hamburg.

Silka Hagena • Malte Gebauer

## Therapy Tools Anxiety Disorders



- ▶ Treating anxiety
- ▶ The first collection of materials on the subject
- ▶ Includes different forms of therapy, e.g. ACT, emotionally focused therapy, schema therapy

Anxiety disorders are among the most common mental disorders: about 14% of all people worldwide fall ill with an anxiety disorder at least once during their lives.

Silka Hagena and Malte Gebauer provide diagnostic and therapeutic materials for the most common anxiety disorders: panic disorder, agoraphobia, social phobia, specific phobia, generalized anxiety disorder, hypochondria. Along with the traditional techniques of cognitive behavioral therapy, further developments in recent years are also taken into account, such as mindfulness, ACT, motivational interviewing or solution-oriented approaches.

**Silka Hagena**, graduate psychologist, senior psychologist at the Asklepios Clinic in Nord-Ochsenzoll/Hamburg.

**Malte Gebauer**, graduate psychologist, ward psychologist at the Asklepios Clinic in Nord-Ochsenzoll/ Hamburg.

Stephanie Mehl / Tania Lincoln

### Therapy Tools Psychoses

approx. 256 pages, paperback

ISBN 978-3-621-28155-3

Publication date: 08/2014

#### Target group

Medical and psychological psychotherapists in clinics, practices and education; psychiatrists

Silka Hagena / Malte Gebauer

### Therapy Tools Anxiety Disorders

approx. 250 pages, paperback

ISBN 978-3-621-28135-5

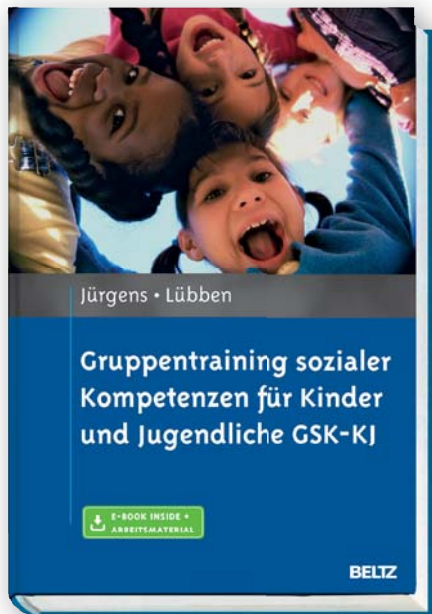
Publication date: 08/2014

#### Target group

Psychological and medical psychotherapists in clinics, practices and education; psychiatrists

Barbara Jürgens • Karin Lübben

## Social Competence Group Training for Children and Adolescents



- ▶ Suitable for working both with children AND adolescents
- ▶ A tried and tested successful program
- ▶ With working materials

The »social competence group training« by Hinsch and Pentecost has, for many years, been the standard procedure for many psychotherapists, counsellors and coaches. Barbara Jürgens and Karin Lübben have now applied this training to therapy and counselling for children and young people. In addition to the basics for social competence problems in this age group, the training is also explained step by step in a manual for children and young people. Along with this, the authors look at some special aspects, such as school phobia or unemployment among young people.

**Barbara Jürgens**, professor at the Institute for Educational Psychology, University of Braunschweig.

**Karin Lübben**, graduate psychologist, psychotherapist in private practice in Bielefeld.

Hannah Cholemker • Christine Freitag

## Social Competence Training for Children with Autism Spectrum Disorders



- ▶ The best group program for autistic children and adolescents
- ▶ Real-life exercises and lots of working materials

Young people who suffer from autism are often extremely isolated outsiders. They cannot express themselves intuitively and often act inappropriately in social situations. As they get older, they become aware of this and suffer from it accordingly. What is the best way to help these children and adolescents? How can they learn to forge friendships, to develop »social skills« and be successful at school and in further education? This 12-week group training provides children and young people between the ages of 9 and 18 with the most important knowledge and skills, e.g: practicing emotional expressions, communication rules, making contact, perception of the self and other people

**Hannah Cholemker**, qualified psychologist, research associate, Department of Psychiatry, Psychosomatics and Psychotherapy for Children and Adolescents at the University of Frankfurt.

**Christine M. Freitag**, professor, head of the Department of Psychiatry, Psychosomatics and Psychotherapy for Children and Adolescents at the University of Frankfurt.

Barbara Jürgens / Karin Lübben

### Social Competence Group Training for Children and Adolescents

approx. 224 pages, hardback

ISBN 978-3-621-28187-4

Publication date: 10/2014

#### Target group

Medical and psychological psychotherapists in clinics, practices and education; psychiatrists

Hannah Cholemker / Christine Freitag

### Social Competence Training for Children with Autism Spectrum Disorders

223 pages, hardback

ISBN 978-3-621-28148-5

Publication date: 06/2014

#### Target group

Psychotherapists and psychiatrists for children and adolescents

Wolfgang Endres

## 7 x 7 Tips for Good Learners

A Fun How-to Guide for Children (Grades 1 to 5)



Learning can be monstrously difficult, but here's a little monster who will show you an easy way to learn! Have a good time with this how-to guide on learning to learn. You'll like the fun exercises and the cheerful illustrations. Puzzle over the exercises, scratch your head, and be creative.

In this new how-to guide on learning to learn, Wolfgang Endres gives children 49 of the best tips and advice on how to keep their motivation up, improve their concentration and be good at learning. Children can use this book to learn how to learn better.

»7 x 7 Tips for Good Learners« are seven tips each for seven important learning areas: reading, writing, arithmetic, working with texts, homework, class tests and motivation.

*Wolfgang Endres*, author and editor of numerous Beltz publications on learning methodologies for schoolchildren and teachers. In 1973 he founded an educational center, where he teaches courses and develops materials on learning to learn.

- Increase your motivation and improve your concentration
- Tips and advice for parents
- Have fun and do well at school

Wolfgang Endres

### 7 x 7 Tips for Good Learners

A Fun How-to Guide for Children (Grades 1 to 5)

approx. 96 pages, hardback

ISBN 978-3-407-62925-8

Publication date: 08/2014

#### Target group

Schoolchildren in grades 1 to 5, parents, and teachers

Learning tips for pupils  
from 11 to 16 years



978-3-407-38065-4

Rights sold: Dutch

Guide book for a better concentra-  
tion for pupils from grade 3 to 6



978-3-407-38064-7



## Gabriele Petrig

# Mental Exercises for Teachers

### Techniques to Sustain You at Work



978-3-407-62922-7

#### Motivational Cards for Teachers

These 44 motivational cards provide daily inspiration for teachers. They inspire teachers to make their daily teaching strong and positive. The short but meaningful texts are aligned with the four elements air, fire, earth and water, and provide motivation for every kind of teaching situation.

#### Gabriele Petrig Mental Exercises for Teachers

Techniques to Sustain You at Work  
approx. 128 pages, paperback  
ISBN 978-3-407-62918-0  
Publication date: 10/2014

#### Target group

Teachers in all types of schools

#### Gabriele Petrig Motivational cards for Teachers

44 cards  
ISBN 978-3-407-62922-7  
Publication date: 10/2014

Most teachers chose their careers at one point because they were passionate about teaching. This initial impulse often gets lost in the hectic nature of day-to-day teaching. This book wants to remind you of the passion behind your choice and give back a sense of optimism and self-confidence in difficult situations.

Besides the basic techniques behind mental training, the book focuses on exercises to reinforce your personal strengths and reflect on your position as a leader and role model. All exercises can be tried without prior experience in mental training.

*Gabriele A. Petrig*, freelance trainer and coach since 1989. She works with children and adults to help them uncover and realize their individual potential, by innovative therapeutic methods. She trains therapists who work to improve family and organizational constellations, and mental training coaches for children.

- For educators and therapists
- Positive thinking for more strength and enthusiasm while teaching
- With numerous exercises

#### already published:



978-3-407-62731-5

Klaus R. Zimmermann

## How to Recognize and Overcome Learning Deficits in Mathematics



### ► Hands-on guide to mathematical competence

Dyscalculia is now a widely recognized phenomenon. And yet there is seldom a connection made between difficulties with arithmetic in the primary school and continued difficulties in grades 5 and 6. In fact, this transition to the upper grades is often the place to look for underlying problems.

Klaus R. Zimmermann gets to the bottom of the problem of learning deficits in mathematics, offers solutions, and illustrates his explanations with numerous case studies. He also provides hands-on solutions for other subject teachers who can recognize their students' difficulties.

**Klaus R. Zimmermann**, PhD, mathematician and educator. He assists schoolchildren with learning deficits in mathematics at the *Institute for Special Needs and Enrichment Learning* in Frankfurt am Main.

Marion Clausen

## A Playful Approach to Inclusion 7x7 Games for Primary School



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**Marion Clausen**, has over 20 years of experience as a journalist and editor on the subject of "School and Teaching".

Klaus R. Zimmermann

### How to Recognize and Overcome Learning Deficits in Mathematics

An Easy Guide to Mathematic Competence

approx. 182 pages, hardback

ISBN 978-3-407-62919-7

Publication date: 09/2014

#### Target group

Math teachers and teachers of other subject areas

Marion Clausen

### A Playful Approach to Inclusion

7x7 Games for Primary School

approx. 120 pages, paperback

ISBN 978-3-407-62920-3

Publication date: 06/2014

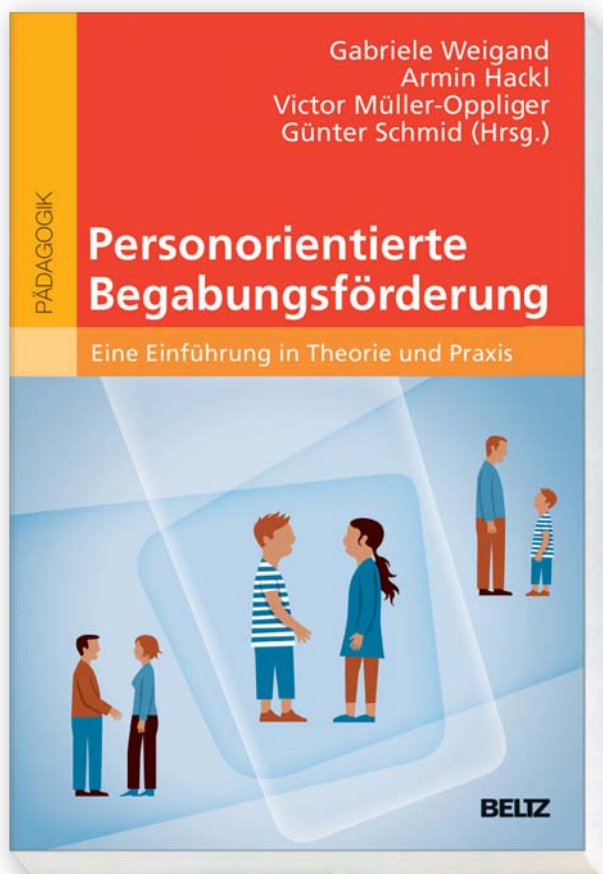
#### Target group

Teachers, educators

G. Weigand • A. Hackl • V. Müller-Oppliger • G. Schmid (eds.)

# Learner-Centered Enrichment for Gifted Students

## An Introduction to Theory and Practice



- ▶ Elementary new approach to enrichment for gifted learners
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Enrichment teaching for gifted students should be a component of inclusion in every school and educational institution, not just a part of enrichment or special needs schools. This book provides an introduction to the theory and practice of inclusive enrichment for gifted students, never losing sight of the individual schoolchild.

Learner-centered enrichment takes the interests and goals of individual gifted schoolchildren and youth into consideration to promote the development of their cognitive, emotional and social skills. The book sets out definitions for key terms and describes the process of developing learner-centered educational perspectives for your school.

*Gabriele Weigand*, PhD, professor of education at the University of Education in Karlsruhe and vice rector for research and graduate promotion.

*Armin Hackl*, school principal responsible for developing an enrichment concept and classes for gifted and especially talented students at an academic stream high school (Gymnasium).

*Victor Müller-Oppliger*, professor of educational psychology and didactics at the University of Education of Northwest Switzerland in the Chair for Autonomous Learning.

*Günter Schmid*, PhD, director of the Wiedner Gymnasium in Vienna for many years. He is the founder and principal of the Sir Karl Popper School for gifted students.

Gabriele Weigand / Armin Hackl / Victor Müller-Oppliger / Günter Schmid (eds.)

### Learner-Centered Enrichment for Gifted Students

An Introduction to Theory and Practice

approx. 320 pages, paperback

ISBN 978-3-407-25712-3

Publication date: 03/2014

#### Target group

Established teachers and teachers in training, school counsellors and psychologists, counselling centers, parents



# Dirk Langenkamp • Annette Malottke

## Learning Stations in Training Programs

### Successful Self-directed Learning in Group Situations



This book demonstrates how learning stations improve adult continuing education. The authors explain clearly how this approach works, how to apply it in your own courses, how to use of the learning materials, and the authors give tips and educational advice on how to set up and develop your own learning stations. They demonstrate how self-directed, reflective learning works, they show how to formulate clear instructions, and how to evaluate work done in training seminars.

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- Self-directed learning within groups
- Methods of independent, reflective learning
- Tips and educational advice on developing learning stations
- Wide range of opportunities for learner and trainer creativity

*Dirk Langenkamp*, certified educator, consultant and trainer for an educational institution.

*Annette Malottke*, lawyer and trainer.

Dirk Langenkamp / Annette Malottke  
**Learning Stations in Training Programs**  
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 approx. 240 pages, hardback  
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Sabine Mertens

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Sabine Mertens uses numerous client drawings to demonstrate how coaches, counsellors and trainers can work with pictures in decision-making and problem-solving processes.

*Sabine Mertens*, art therapist and psychotherapist (alternative medicine). Following many years of experience in personnel and organization development for companies, she has been a coach and personnel developer in private practice in Hamburg since 2003.

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- ▶ **Innovative, mostly non-verbal methodology and interdisciplinary approach**
- ▶ **Numerous case study vignettes and six full-length case studies**

Sabine Mertens

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approx. 340 pages, hardback

ISBN 978-3-407-36562-0

Publication date: 10/2014

### Target group

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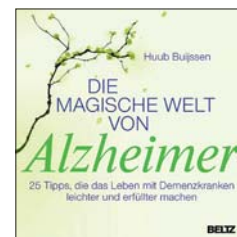
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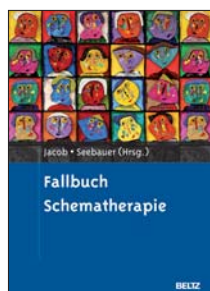


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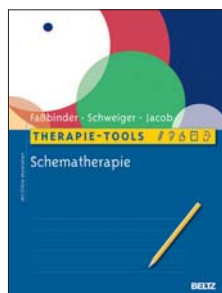
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